

HALIFAX NATIVE NAMED TO WORLD JUNIORS TEAM

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A METRO SPECIAL INVESTIGATION

Alouette jail's last baby

Jordynn's mother was a killer — that made the province nervous enough to shut down a program that worked
PART 2 of metro's three-part series

Halifax metro



Your essential daily news | WEDNESDAY, DECEMBER 2, 2015

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DOWNTOWN BUSINESS

THE 2016 MILD WINTER PROMISE



After last year's rough winter, weather expert David Phillips would like to make up before the next one starts. **metroNEWS**

Street closures prompt council report



Zane Woodford
Metro | Halifax

Halifax city council has asked for a staff report to find out what it can do for businesses affected by downtown construction.

Coun. Wayne Mason put the motion forward at Tuesday's city council meeting, asking if the city can directly compensate businesses affected by construction, and how it can better mitigate these situations in the future.

"Unless it's an emergency, I have to wonder why we're closing a road with stores on it in December," Mason said Tuesday.

He's referring to the planned closure of parts of Prince Street and all of Market Street.

Mason had requested a similar report last January, but when it came back to the Transportation Standing Committee in June, he wasn't satisfied that it answered his questions. He's hoping this report will be back in January.

JEFF HARPER/METRO

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NEWS \$45 billion

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Mark Zuckerberg welcomes baby daughter to the world with \$45 billion to fight planet's ills.

POLICE

Cyclist hospitalized after being hit by pick-up truck

A cyclist was taken to hospital Tuesday morning after being hit by a vehicle in Halifax.

At 9:55 a.m., Halifax

Regional Police officers responded to a collision between a pick-up truck and cyclist in the 1900 block of Vernon Street.

Police say the truck was driven by a woman travelling south on Vernon Street and turned left into a driveway, striking a 27-year-old male cyclist, who was taken to hospital with non-life threatening injuries, police said.

Anyone with information about this incident is asked to call Halifax police at 902-490-5020. METRO

RCMP investigate string of convenience store break-ins

Police are investigating after four similar store break-and-enters were reported in the Eastern Shore area.

Between Nov. 21 and 23, Halifax RCMP responded to four incidents at convenience stores with similar circumstances. In each of the crimes the phone lines were cut, and the suspects entered through the front or side doors using a crow bar, according to police.

Police said nothing was stolen in any of the incidents, and the suspects fled after the alarms were set off. All incidents occurred after dark, some in the very early hours of the morning. METRO

HIGHWAY ACCIDENT

Two girls, driver killed in car crash


**Haley
Ryan**
Metro | Halifax

Two young girls and a woman have died after a four-car collision on a Nova Scotia highway.

At about 12:40 p.m. Tuesday, Richmond County RCMP, paramedics, Louisdale Fire Department and the Port Hawkesbury Fire Department responded to the Highway 104 crash in Port Malcolm.

A RCMP release said that all three occupants of one car died as a result of their injuries.

The driver, a 26-year-old woman from Louisdale and the

rear passenger, a 12-year-old girl from Louisdale, died at the scene.

The front-seat passenger, a 13-year-old girl from Mexico, was taken to the Strait Richmond Hospital where she was pronounced dead.

Police said no one else was injured in the collision.

So far there are no details on what led to the accident.

Police closed the highway between exits 43 and 44, with 43 being the Port

Hawkesbury exit, for the rest of the day and evening.

A collision analyst was also on scene, and the investigation is ongoing.

It's still really evolving.

RCMP Const. Mark Skinner

VETERANS

Precedent set by report worries some councillors


**Zane
Woodford**
Metro | Halifax

Halifax regional council has voted to ask for a staff report on letting veterans park for free in a municipally-owned lot or meter.

The motion — put forward by Coun. Brad Johns at Tuesday's city council meeting — asked that the city consider adopting a policy of giving free parking to anyone with a veterans licence plate on their vehicle.

"We often forget the role the military plays, not only in securing freedom and rights for the people of Canada, but also the role that they play around the world," Johns said Tuesday, sug-

gesting free parking would be a way of showing the city's appreciation of veterans.

The Nova Scotia/Nunavut Command of the Royal Canadian Legion said on Monday the policy would be a "tremendous gesture of thanks" for veterans.

Coun. Wayne Mason said he thought this policy could create a spike in veterans getting the plates in order to be able to park for free. He pointed specifically to the numerous veterans working at the shipyard, in Coun. Jennifer Watts' district.

"Parking is extremely sensitive in the district I represent," said Watts.

"I am hesitant about going down this path without understanding all the implications people have raised and what that may look like."

She also brought up that council has been trying for months to get bus passes for low-income Haligonians, and she thinks it's more important to focus on needs-based measures.



COUNCIL NOTES: ARENA, TURF, RENOS

In addition to free parking for veterans, here are some other key points from council's Tuesday meeting:

New four-pad arena on tap for Dartmouth

The plan for a new four-pad arena in Dartmouth is moving forward.

Halifax regional council voted Tuesday to award the contract for designing and building the arena to EllisDon for \$40,773,729,

and to award the contract for operating the building for 20 years to Nustadia Recreation Ltd. for \$1,683,210.

The facility will be a two-storey arena with one Olympic-sized ice pad and three NHL-sized ice pads.

Cole Harbour turf cost up

Council has approved an extra \$1.6 million for artifi-

cial turf in Cole Harbour.

The project was originally expected to cost \$2.3 million, "based on past projects of a similar nature," a staff report said.

That money will pay for the artificial turf, its installation, as well as lighting, a parking lot and walking paths around the site.

City hall renovations set

Halifax city hall could be getting a little warmer next year after city council approved some renovations to the 125-year-old building.

At Tuesday's council meeting, a contract was awarded to Dora Construction Management Services for \$1,269,683 for renovations to be done to the building in the next six months.

ZANE WOODFORD/METRO



Members of the armed forces march into Grand Parade for Remembrance Day ceremonies last month. The province said Monday there have been 6,660 plates issued to veterans since 2002. Coun. Brad Johns said 3,000 remain on the road. JEFF HARPER/METRO

Free parking spaces for vets a tough sell

GUN CRIME

Man charged after threatening woman

A Halifax-area man is facing multiple charges after holding a woman at gunpoint in a vehicle.

Around 2 a.m. Tuesday, Halifax RCMP responded to a complaint of a woman being held in a vehicle on Windsor Junction Road while being threatened by a man with a weapon.

Police found the vehicle and arrested the man without incident, a release said.

The firearm was seized by po-

Future health pros learning together

HEALTH SCIENCES

New Dalhousie facility teaches collaboration between fields

Rebecca Dingwell
For Metro | Halifax

Madeleine Bohrer believes a new learning facility at Dalhousie University will help students like her become good colleagues in the future.

Bohrer is a second-year medical student and co-president of Dalhousie's Health Sciences Students' Association. She was one of several speakers at the grand opening of Dalhousie's Collaborative Health Education Building (CHEB) on Tuesday morning.

"I believe this building will increase our inter-professional opportunities and help make us better care providers," said Bohrer.

The Faculty of Health Professions at Dalhousie includes nine schools, such as occupational therapy, pharmacy and nursing. Students in these disciplines will be working with medical and dentistry students in the CHEB.

"This building is all about working together to go far," said William Webster, Dalhousie's dean of health professions.

"Inter-professional education occurs when students from two or more professions to learn with, from and about each other."

Webster said this would improve collaboration between workers as well as quality of care for patients.

The \$38.5 million facility has been in the works for about nine years. It stands five stories tall and includes a 200-seat classroom, a library, and settings to allow for simulation-based learning.

Dalhousie President Richard Florizone said while the univer-

FACILITY

Building itself is healthy

According to Dalhousie, the CHEB is also a candidate for Leadership in Energy and Environmental design. "Green" features include LED lighting and low-flow plumbing fixtures. METRO

sity already has interdisciplinary and simulation-learning opportunities, the CHEB would expand them further.

"We know that as the health care system and care becomes more complicated, it is more and more important for teams to work together," said Florizone.

"If you're going to address that... you need the right kind of space."

Florizone stressed that it isn't just about the building, but also about changing the "culture of care."



Above: Medical student Henry Annan practises drawing blood in one of the labs at Dalhousie University's Collaborative Health Education Building. **Below:** Nursing and medical students working together at the brand new facility. JEFF HARPER/METRO



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Protesters want to protect non-profit, co-op housing

NORTH END

Affordable shelter at risk in north end: Tenants group



Deb Key says Halifax doesn't need more "ivory towers."

On Tuesday, Key and her allies with the Brunswick Street Tenants Association met outside the Halifax Central Library.

The group was part of a small protest against the proposed sale of non-profit apartment buildings and social housing units in Halifax's north end.

"There's not-for-profits (and) there's co-ops that are losing their subsidies," said Key. "There's over 100 families that are going to be displaced."

Key said they want to send a message to Dan Troke and the rest of Housing Nova Scotia. She doesn't understand why money



People gather near the Halifax Central Library on Tuesday to protest. JEFF HARPER/METRO

is going to "corporate hands."

"City council has already seen the Halifax Housing Needs assessment, so why isn't anything being done?" said Key.

According to that assessment, one in four Halifax

households faced housing affordability challenges in 2011 and spent more than 30 per cent of their income on rent or mortgage costs.

"A single person is getting \$535 a month," said Key. "Please

tell me... where is it that they live for \$535 a month?"

Key added that the Brunswick Street Tenants Association have been trying to meet with Troke since August, and as of Friday he has agreed.

TEACHERS

Agreement rejected

Nova Scotia's 9,000 public school teachers voted Tuesday to reject a four-year tentative contract agreement reached earlier this month with the provincial government.

In a province-wide electronic vote, 61 per cent of those who voted turned down the deal.

The proposed contract offered a wage increase of three per cent over four years, but it started with a wage freeze in the first two years.

Shelley Morse, president of the Nova Scotia Teachers Union, issued a statement saying the vote sent a clear message that teachers are feeling "undervalued and overwhelmed within the current education system."

The union had recommended the contract to its membership earlier this month with the understanding that the provincial government was poised to impose a legislated settlement.

The statement from the union says Morse is concerned the government will make changes to the agreement that deal with student supervision, certification, self-directed professional development and composition of the union's membership.



We have options now to contemplate. We will take the next several days to consider those options.

Premier Stephen McNeil

"These changes will increase the already overloaded demands placed on teachers," the statement says. "Significant demands on teachers' time continues to be an issue for our members."

Premier Stephen McNeil issued a brief statement saying he was disappointed the agreement was not ratified.

"We have options now to contemplate," he said. "We will take the next several days to consider those options."

THE CANADIAN PRESS

+ EXPIRATION

The current teachers contract expired July 31, 2015.

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NOVA SCOTIA POWER

Utility faces tightened rules

Nova Scotia Power would face penalties of up to \$1 million a year if it doesn't meet performance standards under legislation introduced today by the provincial government.

Energy Minister Michel Samson says the standards would be set by the Utility Review Board based on the best practices elsewhere.

The private utility would also have to report within 90 days of the end of each year explaining how it performed.

The legislation supports



A linesman for Nova Scotia Power at work.

JEFF HARPER/METRO FILE

other initiatives in the government's 25-year electricity

plan announced last month, including the establishment of a three-year rate stability period for the utility's non-fuel costs.

Under the law, Nova Scotia Power would have to pass any tax savings associated with its ownership interest in the South Canoe and Sable wind projects on to ratepayers.

The government says that could mean an estimated \$35 million in savings over the first five years.

THE CANADIAN PRESS

IN BRIEF

Child protection law to proceed as is: Minister

Nova Scotia's community services minister says changes to the province's child protection law will not be amended, despite opposition to them.

Joanne Bernard says the bill that was brought in last spring will return to the legislature on Wednesday.

Opponents say there hasn't been enough consultation and contend the changes could result in more children being removed from their homes

and placed in temporary foster care because of a lack of government financial support.

Bernard says the protection of children is an emotional issue and the government is never going to produce a bill that makes everyone happy.

THE CANADIAN PRESS

Ferry released in U.S. after seizure over owner's debts

A federal magistrate judge has ruled that the Nova Star ferry may be released from custody after the ship was seized while the

ferry service settled its financial affairs.

The U.S. Marshals Service seized the 158-metre ship on Oct. 30 while claims seeking payments of more than \$3 million were sorted out in federal court in Portland.

The cash-strapped company operated the ferry between Yarmouth and Portland for two years, but was passed over when Nova Scotia opted last month to go with Bay Ferries as the new operator of the service in 2016.

THE CANADIAN PRESS

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Halifax won't get fooled again

ENVIRONMENT CANADA

Weather expert swears he'll get forecast right this winter



Haley
Ryan
Metro | Halifax

Environment Canada's senior climatologist wants to make up.

After promising Halifax would have a "tropical heat wave" of a winter in 2014-15, we had the snowiest and coldest season ever as storm after storm punched the region alongside sleet, rain and icy roads.

"I got it wrong. Never have I been so wrong for so long in your part of the country, but we're going to make up for it this year," David Phillips said Tuesday. "I'm trying to redeem myself."

This time last year, Phillips predicted a warmer, less snowy winter than in 2013-14 and it looked good up until Christmas when we had no snow and lots of rain.

"Then nature heard and laughed," Phillips said.

From January until it stopped snowing by May, the city saw 371 centimetres of snow when normal amounts are 159, Phillips said.

That made it the snowiest January to April period ever, Phillips said, with records dating back to 1871.

If anyone still believed the



A front end loader with a snowblower attachment clears the inner lane of Connaught Avenue in March. JEFF HARPER/METRO



We think that it'll be more the super El Niño than the polar vortex.

David Phillips on this winter

myth of cold temperatures keeping snow away, Phillips said Halifax knocked that out of the park too.

From January to April the average temperature was -4.9, breaking a previous record of -2.6 degrees at the airport, Phillips said, and -4.8 from

a station in Halifax opened in 1923.

"It's never been so cold at the very beginning of the year," Phillips said.

Although Phillips agrees it will take a lot to gain back Haligonian's trust, he's willing to put it all on the line.

The models show "with high confidence" Atlantic Canada will be milder than normal in December through February, Phillips said, and snow should end earlier than last year.

There should be less snow, and maybe around the same precipitation overall but split between snow and rain, he added.

"If it's worse than last year, I promise you I'll retire. This'll be a career-ending move," Phillips said with a laugh.



Senior climatologist David Phillips METRO FILE

371

Halifax's total snowfall (in centimetres) in 2015.

-4.9°

Average temperature in Halifax last winter.

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Evan Servaes is remembered as a happy young boy who was killed on Highway 101 in 2013 in a tragic collision. TC MEDIA

Dad wanted an apology

JUSTICE

Court system ignores the victims, says grieving father

The father of a young Bedford boy who died after a collision on a notorious stretch of Highway 101 says the justice system needs an overhaul when it comes to providing victim services.

But he said victims shouldn't have to champion that cause.

"Nobody is asking the victim what they would like to see, what they would want to know," said Tom Servaes, who was in Windsor last Friday to hear Judge Claudine MacDonald rule that Mohammad Younus was guilty of dangerous driving causing death and dangerous driving causing bodily harm.

Younus' rig was involved in the multi-vehicle accident on Highway 101 near Falmouth in July 2013 that resulted in the death of Servaes' eldest son, six-year-old Evan.

"I think the entire process is definitely cumbersome and really depends a lot on how ... much the victim can advocate for themselves," Servaes said after the verdict.

Younus will be sentenced in February.

The grieving father followed much of the trial via social media.

Servaes said he was pleased with the judge's ruling, largely because it means this chapter in his life is coming to a close.

"What I was hoping for ... was that the verdict was clear, was well-founded, well-reasoned and that it would be an end to the case," he said, noting he hopes there won't be an appeal.

Servaes said the court system focuses on punishing the guilty, not helping victims get back on their feet. There's also no clear requirement for the guilty party to make amends. "We teach children to say sorry at the very least. But there is nothing that even comes close to that in the legal system where anybody is required to own up to the results of their actions," he said.

"If they don't want to say sorry, they don't even have to say sorry. It's a pretty example, but it's representative of how little concern there is for the victims."

Although his son's life was tragically cut short, Servaes said his boy's positive attitude touched everyone that he met. "I learned about happiness from him. As much as I tried to be his father, he taught me that," Evan's father said.

If they don't want to say sorry, they don't even have to say sorry.

Tom Servaes, Evan's dad

TC MEDIA

NOVA STAR

Ferry free after Maine judge gives OK

A U.S. federal magistrate judge has ruled that the Nova Star ferry may be released from custody after the ship was seized while the ferry service settled its financial affairs.

Edward MacColl, attorney for Singapore Technologies Maine, says his client's vessel is expected to leave Portland Harbor in Maine within the next few days.

The U.S. Marshals Service seized the 158-metre ship on

Oct. 30 while claims seeking payments of more than \$3 million were sorted out in federal court in Portland.

Among the claims was a fuel bill for more than \$1 million US, owed to a Dubai firm, according to reports in Portland media. Portland Pilots, which filed the first claim against the ferry, was owed \$195,000 US for piloting services. Sprague Operating Resources was owed \$147,000

US for fuel, and McAllister Towing was owed \$12,000 US for tugboat services.

MacColl says Singapore Technologies has settled most of its debts, except for a few disagreements with suppliers that weren't considered maritime necessities.

Companies that sold maritime necessities were permitted by law to seize the Nova Star in an attempt to get paid back. THE CANADIAN PRESS

+ MOVING ON

Operator loses contract

Nova Star Cruises operated the ferry between Yarmouth and Portland, Me., for two years, but was passed over when Nova Scotia opted in October to go with Bay Ferries as the new operator of the service in 2016.

THE CANADIAN PRESS

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IN BRIEF**Immigration minister fears 'backlash' against refugees**

Canada's immigration minister says he is wary of a possible "backlash" against Syrian refugees by Canadians if the newcomers are seen to be given privileged treatment. "Canadians are struggling for jobs themselves. Canadians have been waiting, in some cases, years for social housing," John McCallum, the minister of immigration, refugees and citizenship, said Tuesday. "There's a possibility of a backlash against refugees if Canadians see them as being pampered."

MICHAEL WOODS/METRO

We can do more, Stephane Dion tells NATO

Stephane Dion walked through NATO's doors Tuesday suggesting he won't have to do much of a sales job over the impending withdrawal of Canada's jets from the U.S.-led bombing campaign against militants in Iraq and Syria. "There are a lot of things where Canada may be a great supporter, instead of delivering two per cent of the airstrikes," he said. THE CANADIAN PRESS

Foreign affairs types hated the Harper Tories: Email

A U.S. official expressed amazement at how deeply detested Canada's Conservative government was by some employees of the Foreign Affairs Department.

That impression was described in a note sent three years ago to Hillary Clinton, who was then the secretary of state and whose emails are now being publicly released. It was contained in a message where a U.S. official described how his colleagues across the border pleaded for his help lobbying the Canadian government not to cut a program for Haiti. THE CANADIAN PRESS



Marilou Trayville, one of two women employed to take care of the Trudeau children, is seen at left in the pink jacket, as she joins prime minister-designate Justin Trudeau and family upon their arrival to Rideau Hall for the swearing-in ceremony on Wednesday.

SEAN KILPATRICK/THE CANADIAN PRESS

Public footing the bill for PM's nannies

POLITICS

Trudeau has promised his child benefit to go to charity

Prime Minister Justin Trudeau was attacked on social media as a hypocrite Tuesday after news reports that his cabinet had put on the public payroll two nannies to care for his three young children.

The orders-in-council said the women — Marian Pueyo and Marilou Trayville, whom the Ottawa Citizen reported had been working for the family prior to the election — were appointed to be special assistants to Trudeau and his wife Sophie Gregoire-Trudeau

at the Prime Minister's residence.

They are being paid \$15 to \$20 hourly for daytime work and \$11 to \$13 for the night shift (effective the Nov. 4 swearing-in of Trudeau's government) and will help care for Xavier, Ella-Grace and Hadrien.

Kate Purchase, the prime minister's director of communications, told the Star in an email that "given the nature of the prime minister's responsibilities and young family, the Trudeaus employ two household employees who, in addition to performing other duties around the house, act as secondary caregivers to the three children."

She did not reply to requests for elaboration on their duties, or to explain why the prime minister thought taxpayers should foot

\$3,400

The UCCB amount the Trudeau's will receive this year and have said they will be giving to charity.

need taxpayers' help, he said. "And Canada can't afford it." Trudeau promised to give his \$3,400 a year UCCB benefits to charity.

But at another level, this might be Trudeau's first salvo as what Vogue magazine called Canada's first "feminist PM."

By expensing such costs, which his personal wealth would have made easy to pay, he obliges Canadians to consider how much support is required to make high public office possible for women and men with young families or for single parents.

Nancy Peckford, of Equal Voice, said: "Here's a person with a young family in need of some critical child-care support for obvious reasons. His job is running the country and those supports are necessary." TORSTAR NEWS SERVICE

JORDAN

Refugees start journey

Maher al Halabi emerged from his interview with the UNHCR last Saturday with the coveted "number one" in his hand, on a small piece of paper in bold black ink.

That paper — a golden ticket — means he, his wife and two children, Ghassan, 7 and Mohamed, 18 months, made the cut. They will have a second interview Dec. 8 with Canadian officials, at the newly opened refugee processing centre outside Amman in Marka.

"I want to go to Canada so badly, for the sake of my children. I am a young man, I will do anything there," said al Halabi, 30, who hopes he passes the medical and security screening.

As word of Canada's resettlement plan seeps out among the Syrian community in Jordan, refugees pray they can beat the odds. If all goes well, al Halabi's family will be among the first of the 10,000 refugees from Jordan to arrive in Canada late next week; the remaining 15,000 will come from Turkey and Lebanon.

In the last two weeks, the UNHCR in Jordan has interviewed thousands of Syrians to come to Canada, said spokeswoman Helene Daubelcourt, with dozens of volunteers working weekends to verify identities and update files. TORSTAR NEWS SERVICE



Maher al Halabi and his son

TORSTAR NEWS SERVICE

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BROKEN BONDS | PART II



A mother-baby unit at Alouette Correctional Centre for Women is seen in handout photos. When the unit was renovated last summer, each room was outfitted with a cot, a crib and a rocking chair. The rooms open into a common area with a kitchen, a high chair, soft seating and a play area with books and toys. No one has been admitted to the unit since the renovation. B.C. MINISTRY OF JUSTICE

After a troubled killer gave birth and lived with her newborn in a B.C. jail, the program that made it possible died. A judge later revived it, but the nursery remains empty.

'It was easy to jettison their rights'

Sidney Cohen
For Metro

On Canada Day 2006, 33-year-old Lisa Anne Whitford shot and killed her common-law partner, Anthony Cartledge, on a rural property near Prince George, B.C.

According to court records, Whitford called police the next morning and, when RCMP arrived at the home, they found her drowsy, confused and slurring her words. Cartledge's body was wrapped in blankets and hidden under a canoe.

Whitford was a few weeks pregnant at the time, and Cartledge was the father.

In the court case that followed, details of the accused's tragic life were laid bare.

Whitford, who is indigenous, was born to an alcoholic mother. When she was still a child, her mother's boyfriend sexually abused her. She began using drugs and alcohol at age 11, was living on the streets of Calgary at 14 and was strangled and raped when she was 17 by someone she considered a friend. Whitford has visited emergency rooms at least 41 times.

In his sentencing of Whitford, Justice W. Glen Parrett called her case "one of the bleakest ... I had ever encountered."

Whitford gave birth to her daughter Jordynn on March 12, 2007, while on remand at the Alouette Correctional Centre for Women. She was permitted to keep her baby in the jail, so Jordynn could breastfeed and bond with her mother.

Under the jail's "mother-baby" program, inmates who gave birth in custody were allowed to keep their newborns with them.

Ultimately Whitford, who was abused physically and emotionally by Cartledge during their relationship, pleaded guilty to manslaughter and was sentenced to six years in federal prison.

The judge decided that, with

public safety, to express concern about "the message that is sent to serious offenders when they are permitted to retain custody of a child while incarcerated."

Jordynn was the last baby to live inside Alouette.

In February 2008, the mother-baby program ended. Brent Mer-

Women who are incarcerated are disproportionately aboriginal. They're not politically influential.

Mary Ellen Turpel-Lafond, Children's Advocate

support from B.C.'s Ministry of Children & Family Development (MCFD), Whitford could bring her baby with her to Fraser Valley Institute for Women, in Abbotsford, B.C., making Jordynn the first child to take up residence in a federal penitentiary in the province's history.

"It is in many respects startling," said Justice Parrett, "to consider incarcerating in a federal institution the accused's new child who is still under the age of one." But, he added, "this may be the last and best chance for you. ... The alternatives would appear to be even bleaker than your past."

Word that a child would spend the early years of her life behind bars with her mother, a convicted murderer, quickly spread.

The Vancouver Sun ran a splashy story with the headline, "Killer to raise baby in prison." The Globe and Mail reported that Whitford's case prompted Stockwell Day, then minister of

chant, head of adult custody in B.C. at the time, later claimed in court that B.C. Corrections couldn't guarantee the safety of babies in jail.

B.C. Children's Advocate Mary Ellen Turpel-Lafond says shutting down the mother-baby program was a political and ideological choice.

"Women who are incarcerated ... are disproportionately aboriginal, minority women who have experienced abuse," she says. "They're not considered to be a politically influential group. It was easy to jettison their rights."

In November 2008, Alouette inmates sued to reopen the program, arguing the closure violated their charter rights to equality and security of the person.

At the end of the five-week trial, B.C. Supreme Court Justice Carol Ross ruled in favour of the inmates. Evidence presented in court revealed that B.C. Corrections didn't assess the program's

risks and benefits before shutting it down.

Ross found that no child had been harmed in the program.

The judge also ruled that the charter right of the mothers and babies to security of the person was violated because separating infants from their mothers was contrary to their best interests, as it interfered with bonding and breastfeeding.

The separation was harmful to the mothers as well, who were devastated by losing their babies. Some would lose them permanently.

"An inescapable consequence of Mr. Merchant's decision was that the state would place in care some infants who, but for the decision to cancel the program, would have stayed with their mothers," Ross wrote in her decision.

Merchant, who is now assistant deputy minister in B.C.'s Ministry of Justice, declined repeated requests for an interview.

Ross also found the closure discriminated against indigenous women, given their overrepresentation in Canadian prisons and Canada's history of removing indigenous children from their families.

Ross's decision was released in December 2013, and a \$163,000 renovation to the unit where mothers had once lived with their babies quickly followed.

On June 16, 2014, B.C.'s Ministry of Justice announced the program's reopening and took media on a tour of the refurbished mother-baby unit.

But not one baby has yet been

admitted to the new space, despite three inmates having given birth since the program was re-established.

A Nov. 19 email from B.C. Corrections spokeswoman Cindy Rose says that the program is "open with dedicated space at (Alouette) and is available for use as soon as it is needed."

"With respect to why no women have participated in the program to date," Rose's email continues, "one inmate did apply and was accepted, but was released after giving birth. ... in two other circumstances, MCFD determined the parents could not safely care for their infants."

In all, 26 babies have been born to Alouette inmates since Jordynn Whitford left Alouette. Fourteen of those babies were placed in state care.

Former warden Brenda Tole oversaw Alouette's mother-baby program from 2004 to 2007. When she was in charge, she says, women who gave birth while incarcerated and wanted to bring their babies to Alouette were routinely admitted absent a "very, very valid reason."

There was no application process; rather, Alouette staff, community agencies, MCFD and the B.C. Ministry of Health decided ad hoc what would best serve the moms and babies.

Now, Tole says, "the onus is on you to convince everybody that you can have your baby; otherwise, they're going to take it away."

In order to qualify for the program today, B.C. Corrections

says, an inmate must have no history of "serious offences that could jeopardize a child's safety," or health conditions "that could put children at risk."

"There's an underlying dynamic that women who are incarcerated are not good moms," Tole says. "Because they're in trouble with the law, because they haven't handled their life very well, that they can't provide support to this baby."

"Because somebody killed an abusive partner, doesn't mean that they're not going to nurture their kids," says Tole.

Lisa Anne Whitford and Jordynn aren't together today, but Rauch says that at Fraser Valley, they thrived.

At Alouette, mothers and their babies haven't had that chance for nearly eight years.

Broken Bonds

PART I

"A success story"
Tues. Dec. 1

PART II

"It all falls apart"
Wed. Dec. 2

PART III

"What now?"
Thurs. Dec. 3

HILLARY CLINTON

Emails offer peek into personal life

Roughly 7,800 pages of emails released Monday were part of a court-ordered disclosure of correspondence sent from the private server Hillary Clinton used while she was secretary of state.

Clinton has faced questions about whether her unusual email setup was sufficient to ensure the security of government information and retention of records.

Here's a closer look at some of the messages that churned through Clinton's in-box in the batch released Monday:

HEALTH POLITICS

Get-well-soon notes poured in from across the globe after Clinton picked up a stomach virus in 2012.

Hollywood mogul Harvey Weinstein emailed her aide,

Capricia Marshall, offering to send Clinton copies of any movies she wanted to watch while recuperating.

2012 ELECTIONS

Although Clinton wasn't on the ticket in 2012, she and her supporters followed the race for president closely. In a January 2012 note, during the heat of the Florida Republican primary, Clinton refers to Mitt Romney as "Mittens" and Newt Gingrich as "Grinch."

KEEPING THE TEAM

In November 2012, Samuel Kaplan, a Minneapolis lawyer and major Democratic donor who was appointed U.S. ambassador to Morocco, secured a private meeting with Clinton to discuss how he and his wife "might hope to be allied" with her in the future. THE ASSOCIATED PRESS

IN BRIEF**School fire kills six kids, injures three others**

Turkey's state-run news agency says six children have died in a fire that broke out at a school teaching the Quran.

The Anadolu Agency reports three other children were injured Tuesday in the fire at the school in Karaagac village.

Anadolu says an electrical heater is believed to have caused the fire.

THE ASSOCIATED PRESS

WHO wants Ukraine to declare polio emergency

The World Health Organization is urging Ukraine's health ministry to declare a state of emergency due to a polio outbreak, a move meant to prompt more action from the government in Kyiv.

In September, Ukraine announced two polio cases — the first in Europe since 2010.

Half of Ukraine's children have not been vaccinated against polio.

THE ASSOCIATED PRESS

Planned Parenthood suspect faces murder rap

The man accused in the shooting rampage at a Colorado Planned Parenthood clinic made his first court appearance and learned he will face first-degree murder charges in the deaths of three people killed in the five-hour standoff with police.

Robert Lewis Dear has been held at the El Paso County Jail since surrendering after Friday's siege.

THE ASSOCIATED PRESS

PARIS

Police make new arrest in attacks

A woman was arrested Tuesday in a Paris suburb for suspected links to an intermediary to the only man charged in connection to the Paris attacks, according to two officials close to the investigation.

The officials, who requested anonymity to talk about the ongoing investigation, said the woman, whose name wasn't revealed, is the partner of the intermediary.

The intermediary, 25, had been arrested earlier on Tuesday in his home in Malakoff, south of Paris, by counter-

terrorism police. A few hours later, police went with the suspect to search another apartment in Saint-Denis and arrested his partner who was there. The man and his partner have been taken into custody west of Paris.

The intermediary was in contact with Jawad Bendaoud, who was handed preliminary charges for providing housing to Abdelhamid Abaaoud,

the suspected planner of the Nov. 13 Paris attacks that killed 130 people.

THE ASSOCIATED PRESS



BEIJING ARTIST TURNS SMOG INTO BRICKS Artist Wang Renzheng demonstrates his industrial shop-vac alongside a highway in Beijing on Tuesday. Wang spent four hours per day for 100 days vacuuming the Beijing air with an industrial shop-vac, then baked the accumulated dust and pollutants into a brick (inset). The project's 100-day phase of dust collecting ended Sunday during this year's worst pollution spell in Beijing. Monitoring sites reported the density of the tiny, poisonous PM2.5 particles had reached more than 40 times the safe level set by the World Health Organization. Residents were asked to stay indoors. THE ASSOCIATED PRESS

Leaders push tax on carbon

CLIMATE CHANGE

Pricing would cut emissions, conference delegates hear

One of the smartest ways to fight global warming is putting a price on carbon dioxide pollution, according to key world leaders at the international climate summit in Paris, including Canadian Prime Minister Justin Trudeau.

Either a tax on carbon dioxide emissions or putting a price on carbon and trading carbon pollution like pork bellies would help use capitalism to get closer to a day when the world isn't adding heat-trapping gases to the atmosphere, said leaders of Canada, France, Germany, Chile, Mexico and Ethiopia, as well as heads of the World Bank, International Monetary Fund and Organization of Economic Cooperation and Development on Monday.

"I have long believed that the most elegant way to drive

innovation and to reduce carbon emissions is to put a price on it," Obama added at a Tuesday news conference. "Obviously I'm not under any illusion that this Congress will impose something like this."

The number of countries, provinces, states or cities putting a price on carbon has tripled in the past year and is now at 40, including some U.S. states, World Bank Group president Jim Young Kim said Monday.

Kim and others pointed to straight carbon taxes in British Columbia, Sweden and France as examples of what works.

Trudeau said British Columbia's "world class" carbon tax proves such a device doesn't harm the economy.

Economists have known since 1923 that "smart economics puts a tax on bad things and not on good things," said World Resources Institute president

Andrew Steer, a former Wharton economist who wasn't part of the multi-nation initiative on carbon pricing.

Steer compared it to taxing cigarettes to reduce consumption, although other methods of trading carbon pollution credits aren't quite the same, he added.

Obama called it something out of an Econ 101 textbook.

"We simply cannot afford to continue polluting the planet at the current pace," Kim said. "Carbon pricing is critical for reducing emissions, preserving our environment and protecting the most vulnerable."

There are already costs — called externalities — to burning fossil fuels in terms of public health and deaths, costs the U.S. Supreme Court has recognized, said Wesleyan University economist Gary Yohe, who was not part of the Paris event.

THE ASSOCIATED PRESS

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Chilean President Michelle Bachelet

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metr**VIEWS**

Your essential daily news

Wednesday, December 2, 2015

URBAN ETIQUETTE **ELLEN VANSTONE**



Dear Ellen:

Our oldest son got married in September. Both partners were established with their own homes, and when they moved in together had everything they needed for their household. As a result, when they sent out their wedding invitations they requested donations to their honeymoon fund in lieu of gifts. We had invited some of our best friends to the wedding. At a party before the wedding, one of our friends took my wife aside and indicated how offended she was by this request. Because of this "confrontation" we uninvited them and haven't spoken to them since. Should she have just kept her objections to herself and bought them a gift anyways? And did we overreact? They are long-time friends and I am quite amazed that a wedding invitation has come between us.

Joe, Scarborough, Ont.

I'm sorry to hear that your son's wedding caused so much strife. I could offer platitudes along the lines of "at least you didn't become estranged from any relatives," except that losing a friendship is sometimes more painful than losing touch with a loathsome aunt or uncle.

There are a few layers to your question, so let's start with the affianced couple's request for money. To some old-school types, like your friends, and me, straight-out asking for money does feel a bit crass. The point of a wedding gift is not just to help

THE QUESTION
For our son's wedding, the couple requested donations to their honeymoon fund in lieu of gifts. One of our friends told my wife how offended she was by this. We haven't spoken to them since. Should she have kept her objections to herself?



a young couple get started, but to give them a tangible reminder that you were there when they became as one. I have friends who still cherish the beautiful martini set I gave them years ago, and other friends who curse my name to this day for the crystal candle holders that become problematic if you drunkenly forget to douse the candles at the one-inch mark, at which point the flames can crack the crystal — why do they even make crystal candlesticks anyway? It's stupid. My point is, envelopes of cash, though always welcome, can be impersonal.

In your son's defence, I will concede that, as you point out, most couples today are already shacked up and have all the gadgets and linens they need, which can make choosing a gift difficult. For many parent-aged guests, it's vastly

easier to write a cheque than try to guess what kind of vase will go with moustache wallpaper or faux-fur upholstery (though an ironically customized, oversized mason jar would probably do the trick).

Whatever the guests' views are, however, it is absolutely wrong to confront the groom's mother to complain and risk ruining what is already a super-stressful event. The point of good manners is to have them even when you think others do not. If your friends were that irritated, they could easily have ignored the request and made the couple work for their cash by giving them a highly returnable candy dish from Birk's.

Or, if they wanted to send a more explicit disciplinary message of resentment, a simple set of hideous beach towels and matching, unpackable sombreros would have

done the job nicely.

As for whether you over-reacted by uninviting them, I cannot say. It depends on how aggressive the "confrontation" was, and on why you put the word "confrontation" in quotation marks. Are we talking disagreement through gritted teeth here? Or hand-to-hand combat?

If it makes you feel any better, keep in mind that your friendship may have been on its last legs anyway. Weddings are the kind of traumatic social event that acid-tests every relationship. Wish your friends well, and see how you all feel in a year or so.

And please make sure your son and his spouse send thank you cards for every penny they rake in.

**Need advice?
Email Ellen:
scene@metronews.ca**

The point of good manners is to have them even when you think others do not.

ROSEMARY WESTWOOD

metroview



Never mind Nannygate. The real scandal is wealth inequality.

Nannygate? Please.

So the most powerful person in this country is the parent to three children, and married to a woman with a career of her own and now the added duties of being a prime minister's wife.

So the Liberal government hired a few nannies to help out around Rideau Cottage and lend a hand with the kids.

So what?

Yes, I know, Trudeau made a big to-do during the campaign about exactly how much his family doesn't need taxpayer dollars to cover child care.

Railing against the Conservatives' Universal Child Care Benefit that funnelled about \$3,000 his way, he told media that "we don't need it. And Canada can't afford it."

And, now that he's in office, taxpayers are most assuredly paying more than three grand a year for two nannies, at \$11 to \$20 an hour each, depending on whether they're working a day or night shift.

But did anyone actually think that, of all the perks that go along with being prime minister, child care wouldn't be included? Do taxpayers somehow feel morally OK with paying for his in-house chef, and not his nannies?

Being prime minister isn't a blank cheque, but it is a privileged position, and I couldn't care less that we're supporting two child-care professionals along with the gardener.

Far more important — and the point of all of Trudeau's anti-child-care-benefit rhetoric — is the need to address the growing inequality between people in this country. According to the Broadbent Institute, the richest 20 per cent of Canadians own almost 70 per cent of the country's wealth. Last year, TD Bank called rising inequality a "threat to economic growth" — and it's most certainly a threat to the ability of many Canadians to afford quality child care.

And if you want to talk about nannies, let's talk about how much they're paid (hint: it's less than the chef). My sister worked for years as a nanny. Often spending more time with children than their own parents could, she moulded the kids she worked with, giving them basic tools to handle their emotions, teaching them self-respect and responsibility, never mind joy and self-expression. It was not particularly lucrative, though the families she worked with did pay her in gratitude. And it showed me that we value coding skills, say, over raising kids.

Nannygate could better earn its hand-me-down name if it alluded to some of these more pressing scandals in Canadian child care. What the Globe and Mail calls Trudeau's "apparent contradiction" is an incredibly underwhelming controversy, at best.

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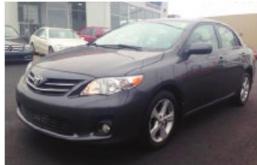
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34,420 km | Stock # M15-305A



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107,964 km | Stock # M15-282A



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58,602 km | Stock # M15-296A



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2013 VOLKSWAGEN JETTA, S
38,455 km | Stock # P15-047A



2013 MITSUBISHI LANCER, SE
56,000 km | Stock # P15-008



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82,103 km | Stock # P15-001A



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Golden ways to goose eggnog

HOLIDAY DRINKS

Modern takes on a traditional festive tipple

Melissa Dunne
For Metro Canada



'Tis the season to don ugly Christmas sweaters whilst sipping on eggnog à la the Griswolds in National Lampoon's Christmas Vacation.

The drink with the consistency of a melted milkshake is traditionally made from scratch with eggs, milk, cream and sugar, then finished off with a sprinkling

of spices. Domestic goddess/woman after my own heart Martha Stewart spikes her homemade eggnog with not one, not two, but three liquors (bourbon, dark rum and cognac).

GULP
We bought more than 7.6 million litres of eggnog in the last two months of the latest Statistics Canada data.

Most of us are not Martha, so we end up just buying whatever carton of eggnog happens to be on sale at the grocery store. We bought more than 7.6 million

litres of eggnog in the last two months of 2013, according to the latest Statistics Canada data. It's certainly not all good — much of the mainstream stuff has an odd consistency and even odder fluorescent-tinted hue to it.

Books like Alissa Hamilton's Got Milked? and vocal vegan celebrities such as Alicia

Silverstone have many of us thinking twice about putting conventional cow's milk into our bodies.

But, no need to shake your noggin in despair as in recent years Santa and his elves have whipped up a slew of organic and alterna-nogs so everyone can partake in a little Christmas in a cup this holiday season.



YOU MADE THIS!

Silk sells a soy nog in the U.S., but sadly it's not available here. Instead, the makers of Silk alternative milks suggest blending one cup of the alterna-milk of your choice (almond, rice, soy, coconut, cashew etc.), 1/2 a frozen banana and 1/2 tsp of vanilla. Then add spices, such as turmeric, cinnamon and nutmeg to taste. Pour your nog into a Marty Moose Mug (\$36, Urban Outfitters) and get ready to channel your inner Clark Griswold.

IS THAT ORGANIC?

Not only is Organic Meadows eggnog organic it's also GMO-free and kosher. The creamy concoction is made at the family farm in Guelph, Ont., with fresh Ontario eggs and milk. It comes in a carton or a returnable glass bottle at select stores for between \$5.99-\$7.29 in the Greater Toronto Area. If you're outside of the area and are passionate about supporting farmers in your community ask around to find a local brand that makes an organic eggnog.



PUT THE NOG IN THE COCONUT

In America there are rows upon rows of alterna-nogs at stores this time of year. On this side of the border, the options are more limited. Good news for those who are off dairy these days: So Delicious sells a seasonal coconut milk nog at select stores, including some Whole Foods Markets for about \$3.99. The nog features organic coconut milk and organic cane sugar. Add a cinnamon stick, plus a splash of liquor of your choice and toast to Christmas miracles. Ask around to find a local brand that makes an organic eggnog.



FESTIVE ALMOND MILK

Vancouver's Earth's Own puts out a Noël Nog this time of year that's sold at select stores including some Whole Foods, Sobeys, Metro and Safeway for about \$2.99. The festive drink is dairy- and egg-free and features filtered water, almonds and cane sugar. Make sure to have a bottle on hand at your next holiday party so your vegan friend can partake in some spiked nog, too.



ADD A JOLT OF CAFFEINE

Many indie coffee shops sell eggnog lattes with organic milk this time of year that will turn even the biggest Grinch into a bundle of caffeinated joy. Balzac's Coffee Roasters puts a very modern twist on the traditional drink this season, offering up a blend of nitro cold-brew coffee and Harmony Organic's eggnog for \$4.75, only available at its Distillery District location in Toronto. Invent your own version by mixing your favourite nog and cold brew together. Cheers to Eggnog Season!



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6 SIX@6 LAST NIGHT:

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- 5 Daya
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Beat the blues with yogurt

NUTRITION

Study finds probiotics help with negativity

Theresa Albert

For Metro Canada



Feeling a little moody? Maybe you want to try some yogurt to beat the blues.

New studies have the nutrition world saying "I told you so" as they confirm that gut bacteria contributes to the management of mind and mood. The mechanisms aren't clear yet, but the years of research on animals has been convincing enough to gain the focus of many researchers to start testing the impact of probiotic supplementation on humans.

Both Leiden and Cambridge Universities are in the news for confirming that it appears to hold true that humans experienced

decreased sensitivity to depression and negative stimuli when taking probiotics. In the Leiden University study, administering probiotic powder to participants resulted in reducing the occurrence of rumination, a predictive behaviour in depression.

Mental health aside, it is never too early to start improving the health of your gut bacteria, particularly if you have been on antibiotics.

Here are some foods that could help rebalance your gut:

- Fermented yogurt, soy milk or kefir
- Fermented foods like tempeh, kimchi, sauerkraut and miso soup
- Prebiotic foods that help feed the active probiotics: inulin, chicory root (in coffee substitutes), onions, garlic, artichokes, sweet potatoes and bananas.

Maybe your gut feeling is true and it isn't all in your head after all.

Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food



Both Leiden and Cambridge Universities have recently published studies linking probiotic consumption with decreased sensitivity to depression. TORSTAR NEWS SERVICE

LIQUID ASSETS

Raise a Shiraz for Australian wine

Peter Rockwell
For Metro Canada

plenty of meaty and muscular Shiraz to be found on the shelves at your local liquor store.

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The finished wine is a mouthful of complexity that will make a great gift for any red lover on your holiday list.

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While we here in Canada prepare for Old Man Winter, Down Under my winemaker friends are waxing-up their surf boards; having just welcomed the beginning of their summer.

As much as I hate that about them, nothing warms up my cold nights better than a glass of full-bodied Shiraz, the grape that single-handedly turned Australia into a winemaking force to be reckoned with back in the mid-'80s.

Though today they may be more well-known for quaffable versions, there's still

FOOD BRIEF

Beer mile record holder defends title on Ellen

Lewis Kent has another victory to add to his running resume — winner of Ellen's Beer Mile Race.

The 21-year-old from Mis-

sissauga, Ont., who broke the beer mile world record last month, beat an Ellen staff member on Tuesday's episode of The Ellen DeGeneres Show.

THE CANADIAN PRESS

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JOHANNA SCHNELLER WHAT I'M WATCHING

Not just a plot device: the warranted fight

Scott & Bailey: Season 3, Episode 7 (Netflix)

At the end of Episode 6, Manchester police Detective Constable Janet Scott (Lesley Sharp) stumbled upon her cop partner and best friend, Rachel Bailey (Suranne Jones), in her guest bedroom, in flagrante delicto.

This infuriates her: Rachel is married, and Janet's sick of Rachel's compulsion to screw up her life. In Episode 7, they have a humdinger of an argument, in which they both say specific, hurtful things.

Now, I'm wary of the girlfight trope. Too many shows depict women as inevitable enemies — all factual evidence of lifelong, sustaining female friendships be damned. *Scott & Bailey* was different. It was centred on the power of women working well together. It resisted the girlfight.

This argument, however, turns out to be earned. It's not so much the two minutes of shouting in Janet's car — it's the rest of the episode, the aftermath, scene after scene of Janet and Rachel feeling frosty, anxious and mis-

**Scott and Bailey** explores the mysteries of female friendship.

CONTRIBUTED

erable. They won't meet each other's eyes. They try to appear nonchalant, but they're vibrating with hurt. They keep searching each other for signs of weakness, but when they see them, they double down on punishing each other instead of forgiving.

Things aren't resolved neatly either. The tension continues

into Episode 8, and it pushes both women to admit uncomfortable things about themselves. Rather than denigrating female friendships, this fight shows how important they are, and how wounding it is when they fail, even temporarily. Friendship is love, after all, and like all love, it comes with pain.

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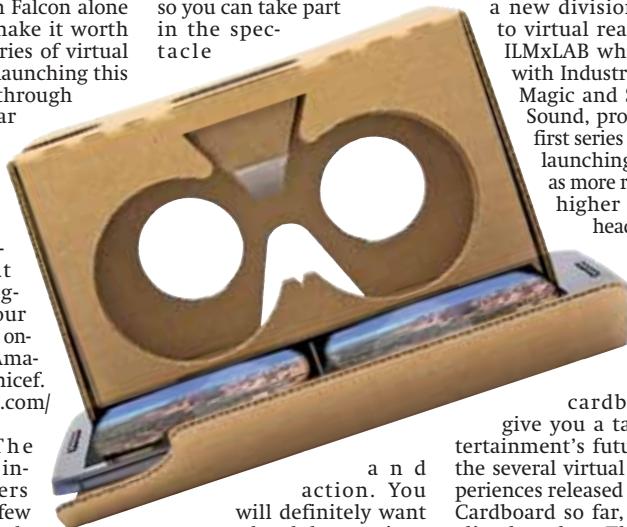
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STAR WARS

The Force Awakens with virtual reality app and Google Cardboard

Kris Abel
For Metro Canada

Lucasfilm as their first, convincing use of virtual reality, the experiences go beyond just giving you a 360 degree "look around" to actually placing you into the boots of characters so you can take part in the spectacle.



and action. You will definitely want to wear headphones given the special effects involved.

"No one really knows how audiences are going to experience virtual reality" says

Lynwen Brennan, Lucasfilm General Manager, "but I do know that we have the most expansive universe to explore in Star Wars."

Brennan has launched a new division devoted to virtual reality called ILMxLAB which, along with Industrial Light & Magic and Skywalker Sound, produced this first series and will be launching new ones as more realistic and higher priced VR headsets arrive next year.

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give you a taste of entertainment's future, but of the several virtual reality experiences released for Google Cardboard so far, including clips based on The Hunger Games and Broadway's The Lion King, this Star Wars experience by far has the most convincing magic.

*UP TO 12 HOURS
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Leaders of the pack

AJAC winners: A roundup

1 Family Car: Volkswagen Golf Sportwagen 1.8 TSI

Mike Goetz: "A fully modern station wagon equipped to ace all family assignments."

2 Pickup: Chevrolet Silverado

Jil McIntosh: "A new eight-speed automatic mated to the V8 provides even smoother performance."

3 Small Car: Honda Civic Sedan

Mike: "A trim, well-engineered decathlete that excels at everything."

4 Sports/Performance under \$50K: Volkswagen Golf R

Jil: "Fast, sharp, and beautifully balanced, the Golf R is the ultimate 'hot hatch.'"

5 SUV/CUV under \$35K: Mazda CX-3

Mike: "Tiny perfect crossover."

6 Prestige/Performance: Mercedes-AMG GT S Coupe

Jil: "When I win the lottery, this is the first thing I'm going to buy."



EMISSIONS

French carmakers get top marks in CO₂ tests

French manufacturers topped the list of European cars and vans with the lowest carbon emissions, the European Environment Agency said in a report published on Thursday.

French vehicle brands Renault, Peugeot and Citroen — which ranked first, second and third — had an advantage in the study because average emissions data was evaluated without taking into account the number of cylinders in the engine or the fuel.

France sells smaller engines in southern Europe, and the French market is also dominated by

diesel engines, which generate less CO₂ than petrol.

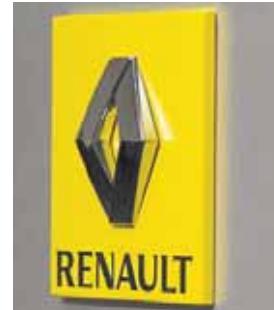
In 2014, Renault retained its first-place ranking, with 108 grams of carbon dioxide per kilometre (g/km), ahead of Peugeot (110 g/km), which had previously been third behind the Korean Hyundai, and Citroen (111 g/km), which had previously been tied at fourth.

Overall, vehicles sold in Europe in 2014 emitted 2.5 per cent less CO₂ than in 2013, a decrease that remained constant compared to previous years. But this figure excludes Volkswagen after

IN THE LAB

The emissions data were based on tests performed in a laboratory setting using a standard European vehicle test cycle. The results might not reflect real-world driving performance, the report said.

the company admitted in early November that its emissions were 18 per cent higher than previously reported. AFP



Renault retained its first-place ranking among European car brands. ERIC PIERMONT/AFP

IN BRIEF

Honda Pilot gets a five-star safety rating

The National Highway Traffic Safety Administration (NHTSA) has given Honda's mid-sized SUV its highest overall vehicle score.

The award follows a similar five-star rating from NCAP in the U.S. and an equally important Top Safety Pick+ rating from the Insurance Institute for Highway Safety (IIHS), when the car is specified with optional crash prevention equipment.

Since its launch in 1989, the convertible has managed to sell 500,000 examples despite being in a very competitive niche. AFP

Mazda MX-5 scoops Japan car of the year award

The sixth-generation Miata MX-5 roadster has been honored with the Japan Automotive Hall of Fame's (JAHF) top annual accolade.

The JAHF's judges said that the MX-5 won car of the year because of its sophistication and for its fuel efficiency as much as for its handling and driver involvement.

Since its launch in 1989, the convertible has managed to sell 500,000 examples despite being in a very competitive niche. AFP

Creating the sound of a superior ride

DRIVING FORCE

Buick turns to new methods in noise reduction and tuning

Jill McIntosh
For Metro Canada

There are many factors that go into designing and engineering a car, and one of them is the way it sounds inside. The more luxurious a vehicle is, the quieter its cabin is expected to be.

But traditional noise-suppressing materials can be heavy, and any extra weight can reduce fuel efficiency. As automakers strive to trim the fat off their vehicles, many are going to new methods, such as the materials Buick is using in its all-new 2017 LaCrosse.

"In the past, we've tried to block the noise out," says Leslie Weiss, noise and vibration engineer for GM's global mid-size cars. "The current system has foam. We call it a barrier

system. It's foam with an oil-based back, like a heavy mat."

Instead of lining the inside of the cabin with these heavy materials, Buick uses a variety of lighter-weight systems, each type used depending on where it's placed. The carpets and wheel well liners absorb noise, but the LaCrosse's most interesting method is a pad attached inside the front of the dash. Rather than block noise as traditional barriers do, the mat absorbs it.

The pad, which is made of an engineered cotton material, works the same way as soft materials do in your home. Noise will reverberate in an empty room with hard walls and floor, but adding carpet, drapes and upholstered furniture will make the room quieter as they absorb the sound. "We let the noise into that area of the car and absorb it, versus a heavy layer that blocks it out," Weiss says. "It costs about the same (as a barrier) but weighs less."

The right sound

But getting a vehicle's cabin sound right isn't just about keeping the noise out. The



The new Buick LaCrosse uses special materials to reduce cabin noise. COURTESY GENERAL MOTORS

car's switches, dials and levers all make noise when they're activated, but the sound they make is not random. Engineers work on all of them to ensure they're just right, whether it's that the driver knows a switch is engaged

without having to look at it, or that the shifter has the right "click" to it.

But while engineers try to shave grams of weight from every component, which adds up over the thousands of parts in a car, it creates new chal-

lenges to keep their noise and vibration down. A lightweight button, for example, may make an odd sound. "We'll work with the supplier to determine what is making the noise inside it," Weiss says. "There may be a spring that

THE SCIENCE

- Many automakers use active noise cancellation, which sends inaudible sound waves from the speakers, even when the stereo is playing, that help cancel out unwanted engine noise.

- Buick engineers have their own standards for noise levels, but they also bring in competitors' cars for comparison.

- Sports cars are much noisier than family vehicles, and that's part of their appeal, but even they are engineered to have the "right" engine, exhaust and cabin sounds.

pushes the button back up and it has some ring, so we can add something for increased damping. (The fix is) specific to every noise, and how you attack it is different. We're concerned about everything that makes noise in the car."

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McDonald makes Team Canada for world juniors

HOCKEY

Dream come true for Flames prospect and Islanders goalie

Charlottetown Islanders goalie Mason McDonald will fulfill a childhood dream this Christmas.

The 19-year-old Halifax native was one of two goalies named Tuesday to Canada's entry into 2016 IIHF World Junior Championships in Helsinki, Finland, from Dec. 26 to Jan. 5.

"It's something I've wanted ever since I was a kid," McDonald told The Guardian in June before attending Hockey Canada's program of excellence goaltenders camp. "It would be a dream come true if I could play on that team, but there's a lot of hard work ahead."

Canada is the defending champs.

McDonald attended the national teams' summer showcase in Calgary with fellow goalies Samuel Montembeault

(Blainville-Boisbriand Armada) and Mackenzie Blackwood (Barrie Colts). Blackwood was the second goalie named to Canada's National Junior Team.

McDonald played for Team Atlantic at the World Under-17 Challenge in 2012-13 and Canada at the World Under-18 Championship in April 2014. McDonald was named the top goalie at the under-18 event when Canada finished third.

"He's been groomed for this," Islanders general manager Grant Sonier said.

McDonald was named the Islanders 2014-15 MVP in his first full season in Charlottetown. He went 28-22-4 with a 3.06 goals-against average and a .906 save percentage.

He will be the first P.E.I.

Rocket/Charlottetown Islanders player to represent Canada at the world junior tournament.

"We knew he was special when we acquired him," Sonier said. "We'll miss him, but we're fully behind him."

McDonald leaves Dec. 10 and is expected to return to Canada Jan. 7, missing at least 11 games. JASON MALLOY/THE CHARLOTTETOWN GUARDIAN

It's something I've wanted ever since I was a kid.

Mason McDonald on being named on Team Canada's junior championships roster



Charlottetown Islanders netminder Mason McDonald, from Halifax, seen here playing for the Islanders' parent team the Calgary Flames, will represent Canada at the 2016 IIHF World Junior Championship. DAN RIEDLHUBER/GETTY IMAGES

SNOWBOARDING

Olympian from N.S. calling it a career

Nova Scotia snowboarder Alex Duckworth is packing it in — at least competitively.

The two-time Olympian from Kingsburg announced Tuesday she's retiring from half pipe, after being named as an alternate for Team Canada at Vancouver 2010 and finishing 17th at Sochi 2014.

She made her World Cup debut in 2005, snagged a silver medal at World Junior Big Air in 2006, claimed bronze at the 2010 FIS World Cup and finished 10th at world championships in 2013, according to a Canadian Sport Centre Atlantic news release.

"It's such a great thing to represent Nova Scotia as an athlete," Duckworth said in the release.

"I'm such a fan of this community and want to say how thankful I am to come from a province of such supportive people."

Duckworth has been producing video content with companies such as Billabong, Mazda and EastLink, the release said, including a documentary released last month called Fishing for Snow, which tells the story of Nova Scotia's snowboarding history.

She now lives in Vancouver.

KRISTEN LIPSCOMBE/METRO

NHL

Move to Habs is 'one step forward' for ex-Moosehead Fucale

Goaltender Zach Fucale isn't sure if he'll get into a game, but he wants to soak up all he can in his first call-up to the Montreal Canadiens.

He's unlikely to start any games, so he probably won't get a chance to try to match 22-year-old Garret Sparks, who earned a shutout for Toronto in his first NHL game in a 3-0 win over Edmonton this week.

But if anything bad happens to Mike Condon, who was slated to start in goal Tuesday night against Columbus, Fucale will have to be ready.

"I was pretty happy to hear I was coming to Montreal," said Fucale, who grew up nearby in

Rosemere, Que. "I had a smile on pretty much the whole day, but it's normal. It's one step forward. I just want to learn as much as I can while I'm here and bring it back to St. John's."

When the Canadiens announced that star goalie Carey Price will miss at least six weeks with a lower body injury, Condon took over as starter.

Veteran Dustin Tokarski, who has only one period of NHL action this season, was sent to St. John's of the American Hockey League

to get some playing time, and 20-year-old Fucale was brought up to act as backup for at least a few games.

"Tokarski hasn't played much in the last month, so he needs to play if we're going to use him," said coach Michel Therrien. "In the meantime, Fucale did a really good job with St. John's. This is a great opportunity for him

to be surrounded by NHL players at a young age." Fucale, who won world junior gold, is in his first year as a pro after a junior

career that saw him win a Memorial Cup with the Halifax Mooseheads in 2013 and backstop Canada to gold at the 2015 world junior championship.

He has a 7-2-2 record with the IceCaps, and his mediocre 3.12 goals against average, which ranks 41st in the AHL, is partly down to one horrible game on Nov. 14 in which he conceded eight goals in a 9-8 overtime loss to the Toronto Marlies.

"It's a different level," said Fucale, who allowed one goal on 38 shots in a win over the Marlies in his last outing on Sunday. "But I feel I'm going in the right direction."

THE CANADIAN PRESS

7-2-2

Zach Fucale's record with the St. John's IceCaps



Zach Fucale playing for Canada THE CANADIAN PRESS/NATHAN DENETTE



Eskimos Almondo Sewell, left, and Tony Washington carry the Grey Cup to the stage during Tuesday's celebration in Edmonton. JASON FRANSON/THE CANADIAN PRESS

Eskimos let their fans in on the fun

CFL

Grey Cup win celebrated in Edmonton cold

The Edmonton Eskimos held a downtown Grey Cup party Tuesday for hundreds of cheering, horn-blowing, bell-ringing fans.

And quarterback Mike Reilly admitted his team is not pretty — but it is pretty good.

"I told you guys we were gonna bring it home," Reilly, standing beside the Cup, said to the cheering throngs of fans, most dressed in green and gold.

He then gestured to his teammates and said, "They may not be the best looking, but I got the

best teammates in the world."

The fans, basking in the bright early afternoon sun with temperatures around the freezing mark, came to celebrate the team's 14th CFL championship.

Some waved Eskimos flags the size of bed-sheets. Team mascots hugged kids and posed for photos. Eskimos cheerleaders performed somersaults in the air and the players signed autographs on stage and tossed tiny footballs into the crowd.

The Eskimos defeated the Ot-

tawa Redblacks 26-20 in the CFL title game Sunday in Winnipeg. It was the team's first championship in a decade, and just two years removed from a woeful 4-14 campaign.

Reilly told the crowd they remember those dark days.

"I told (defensive lineman) Odell (Willis) a couple of years ago when we could only win four games, I said, 'Man remember that because there's gonna be a time when it's all worth it,'" said Reilly.

Head coach Chris Jones

called his team's performance a "magical ride."

"All these players, they sacrifice a lot for this city and to be able to play this game," he added.

He pointed at them and said, "You guys are the reason, man. You guys are the reason we put a championship back in this city."

General manager Ed Hervey labelled the fans the animating spirit of the franchise.

"It's very much appreciated, your loyalty to this club, your passion," said Hervey.

"I want to say this to you, we love all of you. I love you all personally," he added.

And as the cheering and horn-blowing again reached a crescendo, he shouted: "We're back!" THE CANADIAN PRESS

They may not be the best looking, but I got the best teammates in the world.

Mike Reilly

MLB

Price poised to join Red Sox: Report



Starting pitcher David Price was traded from the Detroit Tigers to the Blue Jays last season. JAMIE SQUIRE/GETTY IMAGES

It looks like David Price won't be back with the Toronto Blue Jays next season.

The Boston Globe is reporting that Price has agreed to a seven-year deal with the Red Sox worth a whopping \$217 million US.

Price was acquired by the Blue Jays near the trade deadline last season in a deal with the Detroit Tigers.

He was excellent down the stretch and helped Toronto end its 22-year playoff drought.

Price went 18-5 with a 2.45 earned-run average last season

9

In 11 regular-season starts with the Blue Jays, Price won nine games and was tagged with just one loss.

for the Blue Jays and Tigers.

He finished second in the voting for the American League Cy Young Award behind Houston's Dallas Keuchel.

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CARVERY, Vivian Maxine



August 26, 1940 - November 27, 2015

Age 75 of Lower Sackville, NS, was called home to glory on November 27, 2015 surrounded by her family at the QEII Health Science Centre. Born in Liverpool NS, she is the daughter of the late Harry Warrington Sr. and the late Ada White (née Brothers). Vivian is survived by her loving husband of 56 years Percy Carvery Sr.; daughters, Lynn Ontario, Ada (Corey) Halifax and Brenda (Stephen) Bedford; sons, Percy Jr. (Brenda) and Elden.; grandchildren, Marcell, Danielle, Shannon, Kadeem, Brandy and Vanessa; great grandchildren, Sean, Rheanna and Isaac; sisters, Alice (Stanley) Carvery and Valerie Warrington; brothers, Harry Jr (Karin), Thomas (Margaret), Carter (Brenda), Carl, Darrell (Nancy) and Derrick (Carolyn). Predeceased by brothers, Frederick and Brian. Vivian has many special sisters-in-law, brothers-in-law, nieces, nephews and cousins, adopted son, Cavey, and special neighbours, Ruth, Gerald & family, Vera & Laurie, Bev & Clement, and Dorothy, among others. She was a member of the Cobequid Road United Baptist Church. She was a God-fearing woman, a true testament of great strength and an inspiration to all. Working in her flower garden gave her great peace and joy. She liked to relax with a good book in her hands. She loved to find a great bargain at yard sales and thrift stores. She was a great cook and loved to see people enjoy her food. She was the rock of her family and a mother figure to many. Vivian was a kind, generous and forgiving person who touched the hearts of everyone she met. Everyone felt welcomed and part of the family when they came to her home. Cremation has taken place under the care and direction of Atlantic Funeral Home, Sackville Chapel. On Saturday December 5, 2015 at 1:00 pm a Celebration of life Service will take place at Faith Baptist Church at 299 Stokil Drive, Lower Sackville. Rev. Tracey R. Grosse and Pastor Brian O. Johnston officiating. Reception following the service. Interment will take place at a later date in Oakridge Memory Gardens, Lower Sackville. Special thank you to Medical Staff at QEII Health Sciences Centre Emergency, 8.4, 6A and Palliative Care. In lieu of flowers donations can be made to Cobequid Road United Baptist Church 526 Cobequid Road, Lower Sackville, NS B4C 3Y7. Special thanks to Reverend Tracey R. Grosse for her visits to the hospital, as well as to those who called, visited, sent cards brought food, and extended well wishes and prayers during this time.

Online condolences may be shared by visiting: www.atlanticfuneralhomes.com



FUNERAL DIRECTORS

For more information on how to place a death notice in Metro, please contact:

Sue Wright
902-449-9871
susan.wright@metronews.ca

SWAN, James Richard (Rick), Dartmouth

It is with great sadness that the family of James Richard "Rick" Swan announces his sudden passing on November 27, 2015 at Dartmouth General Hospital, at the age of 66.

Born in Glace Bay on April 29, 1949, Rick was the son of the late James and Mina (Jollymore) Swan.

Rick excelled as a student at Dartmouth High School. He continued his studies at Mount Allison University, graduating in 1970 with a B.Sc., and in 1972 from Dalhousie University with a B.Ed.

Following in his Dad's footsteps, Rick also became a teacher. He enjoyed a 33 year career teaching sciences at Dartmouth High. Rick had an inquisitive mind and a passion for learning, understanding, and teaching. His scientific curiosity ranged from the basic to the most complex concepts in physics, chemistry, and astronomy. Science was part of his everyday life, and he delighted in animated conversations with friends that were soon over their heads. Always he was teaching and making understanding fun.

During his teaching career, Rick was very active with the Nova Scotia Teachers' Union, holding local positions from Treasurer to President.

Rick, better known as Mad Dog, loved to manage and support the high school hockey team. He aggressively played street hockey with anyone who loved to battle – bloodied and bruised meant a great time!

Rick's leadership role continued with his involvement in Scouts Canada. As his sons progressed through cubs and scouts, Rick participated as a leader in Lake Echo. After his retirement in 2005, he dedicated many hours and effort to the Camp Harris Scout Camp in Mineville. Whether volunteering as Camp Registrar or wielding a chain saw, Rick was there with enthusiasm.

Rick bought the 1st Gold Wing in Nova Scotia (and kept it for a week!), and after trying 10 more models, settled on his exceptional '86 Virago – still humming. He passed on his love of bikes to his sons at an early age. They have fond memories of grease and bike parts in the barn, as they worked to keep the machines alive.

Rick obsessively collected, re-sorted and recycled metal, except for someone else's junk that he knew could be repurposed by friends or restored by Warren.

Summers have always been spent at the family cottage at Brule Point, Tatamagouche. His heart was filled with sweet memories of times with family and friends. He cooked a mean lobster.

Rick was infamous for his raging bonfires; he was the Bonfire King of Brule Point. Many an evening was enjoyed watching the incredibly beautiful sunsets on the water, sharing the crazy stories and music around the fires, and gazing at the night skies.

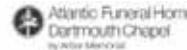
Rick loved life. But it was a deep connection and commitment to people that drove him. He developed lasting, lifelong, rock solid bonds and friendships with classmates, students, colleagues, and so many others he met along his way. He made time to chat, to laugh, to help. There was always a project on the go and one in the wings. Rick applied his ingenuity and sometimes crazy "McIvor" solutions – whatever it took to get her done.

For Rick, his family trumped everything he held dear. He is survived by his wife Marilyn of 45 years and his sons, Andrew and David; sister Judy (Aubrey) Sawler, Bowmanville; brother Rayne, Dartmouth; and his many brothers and sisters in law, nieces, nephews, great nieces, great nephews, and great, great nieces and nephews. Rick had a warm, close knit extended family.

Our loss is beyond words.

Cremation has taken place. A celebration of life - The NO TIE Event - will be held Friday December 4th from 2:00 to 4:00 at Atlantic Funeral Homes, 771 Main Street, Dartmouth.

In lieu of flowers, donations can be made to Scouts Canada - Camp Harris. Online condolences may be made by visiting the website: www.atlanticfuneralhomes.com. (Dartmouth Chapel)



WOODWORTH (MUISE), Lillian Gertrude



January 26, 1927 - November 26, 2015

Age 88 of Bedford, it is with heavy hearts that we announce the passing of our amazing mother after a brief illness, Thursday November 26th, 2015 at the QEII Health Sciences Centre, Infirmary Site Hospital, Halifax. Born in Pinkney's Point, Yarmouth Co., she was a daughter of the late Alfred and Gertrude Jane (Clairmont) Muise. Lillian was a member of Lionettes, Bedford. She loved playing Bingo. Lillian loved knitting socks and mittens for family and friends. She is survived by daughters, Barbara Jones (Wayne Gottlieb), Janet (Brian) Hubley; sons, Ronald Gregory and John Drew; sisters, Eileen Crawley and Norma Vautour; brothers, Mike and Lindy; eight grandchildren; nine great grandchildren; six great-great grandchildren; many nieces and nephews. Besides her parents, Lillian was predeceased by her husband, Ronald Curtis "Woody"; son, Reginald Delmer; sisters, Lena Jaquard, Bessie Pothier and Blanche Lively; brothers, Aubrey, Delmer, Bradford, Harvey, Willard, James, Kenneth and two brothers in infancy. Visitation will be held from 1pm to the time of the funeral service at 2 pm Saturday December 5th at Atlantic Funeral Home, 125 Sackville Dr., Lower Sackville. Father Jamie Utronkie officiating. Interment will follow in Oakridge Memory Gardens, Lower Sackville. Many thanks to the staff at Cobequid Community Health Centre and at the IMCU in the Halifax Infirmary, for their special care shown to mom. In lieu of flowers, donations in memory may be made to Cobequid Community Health Centre, Lower Sackville or charity of choice. On-line condolences may be shared by visiting:

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RECIPE Ginger Pork Noodles

PHOTO: ALICE VANASSE

Ceri Marsh & Laura Keogh
For Metro Canada

- Salt and pepper to taste
- 250g rigatoni pasta

Directions

1. Prepare pasta according to package instructions.
2. Heat olive oil in a wok or deep frying pan. Soften onion for 3 minutes. Add mushrooms and cook for three minutes then add the pork.
3. Once pork is no longer pink, add garlic and ginger and simmer for another 3 minutes. Season with salt and pepper to taste. Add sugar snap peas. Combine and then pour stock over pork mixture. There should be enough stock covering the meat and vegetables so that it is soupy. Add chopped spring/green onion and stir until blended.
4. Ladle over the noodles and garnish with cilantro.

FOR MORE MEAL IDEAS, VISIT
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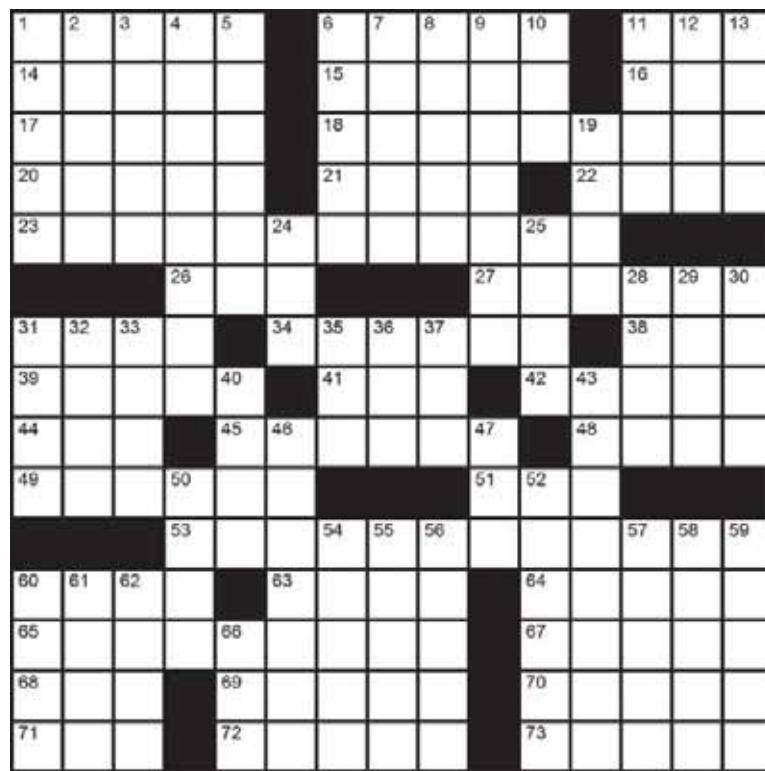
Ready in
Prep time: 20 minutes

Ingredients

- 500g minced pork
- 2 Tbsps olive oil
- 2 Tbsps chopped spring onions
- 1 onion, chopped
- 1 cup sugar snap peas (or any crunchy green vegetable)
- 1/2 cup of chopped mushrooms
- 8 cloves garlic, chopped or crushed
- 2 Tbsps ginger, minced
- 2 or 1/2 cups chicken stock
- 2 or 3 green onions, thinly sliced
- 1 Tbsp fresh cilantro

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Change with the times
6. "Will & _"
11. Sneeze starters...
14. Prefix to 'dermabrasion' (Spa service)
15. Revolving mechanism
16. Cacharel perfume
17. Andes people in history
18. Ancient Greek Mythology: Commander in the Trojan War
20. Draped dresses
21. " _ Fiction" (1994)
22. " _!... I Did It Again" by Britney Spears
23. Song written by Burton Cummings that goes "Maybe I'll be there to shake your hand...": 3 wds.
26. 'Glycer' suffix
27. Donald Sutherland's other actor son
31. Chill
34. Montreal Canadiens legendary goaltender Ken
38. Pressure meas.
39. Tobias _ Jr. (Canadian musician who co-wrote "When We Were Young" with Adele)
41. Mr. Fleming
42. Being beholden
44. Ms. Ortiz of "Ugly Betty"
45. Actress, Nicole _
48. Adam & The _
49. Cities
51. 'Delic' suffix
53. Cape Breton Island community mentioned in Canadian folk tune "Song for the Mira": 2 wds.



60. Beach torch
61. NBC soap, "Days ___ Lives"
64. Active
65. Hair products brand
68. Justin, to Margaret
69. ___ toys
70. Ms. Carter of '80s sitcom "Gimme a Break!", and namesakes
71. Wile E. Coyote's blaster
72. "Steady ___ goes!"
73. TV wife of Steven Keaton

- DOWN
1. Awry
2. Singer Ms. Washington
3. Capital of Ghana
4. Manitoba's lo-
5. Ms. Parton
6. ___ paper (Light blue boxes purchase)
7. Varlet
8. "Any Time ___" by The Beatles
9. Liken
10. William Shakespeare's 'earlier'

11. Year, fancy-style
12. Target in basketball
13. Lacking
19. London's hip '60s youths
24. Mr. McGinley
25. Faux pas
28. Twirl
29. Not is
30. Dates' friends in the Produce Dept.
31. Opened slightly
32. Trait carrier
33. Thunderbirds org.
35. Clear
36. Root vegetable
37. Scientific ID
40. Gumbo ingredient
43. "The ___": Gordon Lightfoot song that mentions a Robin and a Nest
46. Belonging to Jerusalem's country
47. Catch
50. Mideast chief, variably
52. Tom Hanks/Julia Roberts flick, "Larry ___" (2011)
54. Rhythmic-al stress
55. Range in Quebec, ___ Mountains
56. Carved out spot
57. Country star
58. Some birds
59. Record over
60. Check
61. Barge ___ (In-trude)
62. Superman's surname
66. Student's 4.0, e.g.

*** IT'S ALL IN THE STARS** by Sally Brompton**Aries** March 21 - April 20

In ending a feud don't give too much away. If you compromise you must do so from a position of strength. If you give in too easily your rivals may take it as a sign of weakness.

Taurus April 21 - May 21

You can't put a foot wrong, but if you are smart you will look ahead. Lady Luck is on your side — make the most of it but don't exhaust yourself.

Gemini May 22 - June 21

You don't seem to be short of admirers but don't let it go to your head. Also, watch out it does not affect your health. If you accept each and every social invitation that comes your way you will exhaust yourself before the end of the week.

Cancer June 22 - July 23

Don't take what others tell you too seriously. It could be their comments are genuine but it is just as likely they are saying what they think you would like to hear. You don't need flattery — you know how amazing you are.

Leo July 24 - Aug. 23

If you're bored with your social scene then do something about it. There's a party going on somewhere, make an effort and you can find it. Failing that, throw a party of your own.

Virgo Aug. 24 - Sept. 23

You cannot see the whole picture concerning a money matter. You may be tempted to take the kind of risk you would usually avoid — it is not a good idea.

Libra Sept. 24 - Oct. 23

With Venus and Mars, the relationship planets, moving through your sign you must let those you care for know how much they mean to you. Do it now because Venus leaves your sign at the weekend.

Scorpio Oct. 24 - Nov. 22

Others can cut corners but you must continue to play by the rules. Don't worry if your rivals pull ahead because their underhand methods will come back to haunt them.

Sagittarius Nov. 23 - Dec. 21

The planets indicate there is much you can accomplish but it is unlikely you will get far on your own. Put aside your differences and focus on shared aims and ambitions.

Capricorn Dec. 22 - Jan. 20

Some individuals are so full of their own importance that they think they can do or say anything and get away with it, but you know better. They will pay for their arrogance one day.

Aquarius Jan. 21 - Feb. 19

Keep your ideas to yourself. If you let slip what you are planning you may lose out in a big way. You may be friendly by nature but in some situations it can be your undoing.

Pisces Feb. 20 - March 20

It may seem as if certain factors are working against but there is no need to panic. The planets are making some situations seem tougher than they really are, so hang on in there — your luck will change soon.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	6	9	3	2	4
4				1	5
9					
	4	1			8
2					7
8	2	7			
	4	6			7
5	9	8	6	4	

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